

INDEX

to volume 28
jan-dec 2000

The 2000 Annual Index lists articles by regular department, author, and subject. One- or two-letter codes after articles in the author and subject sections indicate the article type:

BR: Brief Report
CL: Clinical Review
CM: Commentary
CQ: Clinical Quiz
CR: Case Report
CT: Clinical Techniques
EN: Editor's Notes
EX: Exercise Adviser
F: Feature
GE: Guest Editorial
NB: News Briefs
PA: Patient Adviser
R: Research
XM: Exercise Is Medicine

department

Clinical Techniques

Field care of the injured tooth, Jan, p 101-102
A custom face mask for sports, Feb, p 128-130
Automated external defibrillators: selection and use, Mar, p 112-114
Sideline airway access: emergency cricothyrotomy, Apr, p 113-114
A 'three-way' splint for acute ankle injury, Jun, p 99-100
Lateral epicondylitis injection, Jul, p 93-94
Self-reduction of anterior shoulder dislocation, Nov, p 65-66

Editor's Notes

Tradition and trajectory, January 2000, Jan, p 3
Team doc's life no bed of roses, Feb, p 7
Learning, the Web's potential, Mar, p 3
Life-threatening emergencies: are you ready?, Apr, p 7-8
Exercise: answering a cancer patient's call, May, p 5
Positive coaching: for the love of sports—and kids, Jun, p 7
Risk taking: can we strike a balance?, Jul, p 3
The real Olympic story, Sep, p 3
Healthy People 2010: steps in the right direction, Oct, p 7-8
Is exercise brain food?, Nov, p 5
Athletic gain at what cost?, Dec, p 7

News Briefs

Referring patients to personal trainers:

benefits and pitfalls, Jan, p 16-21
Exercise trends for the new millennium, Jan, p 21
IOC passes doping reforms, Feb, p 23-24
The sports medicine community remembers Gail Butterfield, Feb, p 26
Osteoporosis management: what's on the cutting edge?, Mar, p 15-19
Baseball-funded 'andro' study shows testosterone increase, Mar, p 19-20
Growth hormone doping: the search for a test, Apr, p 16-18
AAP calls for ban on checking in youth hockey, Apr, p 19
Pain and injury are real in professional wrestling, May, p 15-18
Healthy aging or anti-aging? diverse philosophies emerge, Jun, p 15-20
Motor sports medicine: from the extreme to mainstream, Jul, p 11-15
Sports medicine alliance focuses on team physician issues, Jul, p 16
Are your patients asking about prolotherapy?, Aug, p 15-17
Medical coverage of Wimbledon, Aug, p 18
Australian sports medicine specialty faces political hurdles, Sep, p 15-17
Will new helmet features reduce football injuries?, Nov, p 25-27
When to suspect muscle dysmorphia: bringing the 'Adonis complex' to light, Dec, p 19-26

author

Ainsworth BE: Physical activity patterns in women, Oct, p 25-26, BR
Alkhayarin M: see Stephens M, Dec, p 35-44
Andersen RE: see McKinney R, Oct, p 71-72
Andersen RE: Healthy People 2010: steps in the right direction, Oct, p 7-8, EN
Andersen RE: What can physicians do about obesity?, Oct, p 15-16, BR
Arnold T: A perioperative rehabilitation program for anterior cruciate ligament surgery, Jan, p 31-44, CL
Backer HD: Giardiasis: an elusive cause of gastrointestinal distress, Jul, p 46-57, CL
Bar-Or O: Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL
Beamer BA: Exercise to prevent and treat diabetes mellitus, Oct, p 85-86, BR
Beck BR: Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL
Bernstein J: Meniscal tears of the knee: diagnosis and individualized treatment, Mar, p 83-90, CL
Boden BP: Etiology and prevention of noncontact ACL injury, Apr, p 53-60, CL
Bonar F: see Khan KM, May, p 38-48

Brone S: see Sandor R, Sep, p 83-84

Cantwell JD: A 'sensitive heart' in a tennis player, Feb, p 109-111, CQ

Chou LB: Disorders of the first metatarsophalangeal joint: diagnosis of great-toe pain, Jul, p 32-45, CL

Christensen C: see Jones CS, Jul, p 61-72

Christmas C: Fitness for reducing osteoporosis, Oct, p 33-34, BR

Ciocca M Jr: Pneumothorax in a weight lifter: the importance of vigilance, Apr, p 97-103, CR

Cohen RS: Life expectancy of major league baseball umpires, May, p 83-89, R

Colberg SR: Exercise and diabetes control: a winning combination, Apr, p 63-81, CL: (correction) Jun, p 29

Cook JL: see Khan KM, May, p 38-48

Cook JL: Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL

Cosgarea AJ: see McFarland EG, Mar, p 40-52

Courneya KS: Coping with cancer: can exercise help?, May, p 49-73, CL

Crespo CJ: Encouraging physical activity in minorities: eliminating disparities by 2010, Oct, p 36-51, CL

Curtin SM: see Tucker AM, Aug, p 23-32

Davis JL: Sun and active patients: preventing acute and cumulative skin damage, Jul, p 79-85, CL

DeBenedictis L: see Fredericson M, Feb, p 52-68

DiPietro L: Exercise: a prescription to delay the effects of aging, Oct, p 77-78, BR

Draznin MB: Type 1 diabetes and sports participation: strategies for training and competing safely, Dec, p 49-56, CL

Duffy FD: How to counsel patients about exercise: an office-friendly approach, Oct, p 53-58, CL

Dziura J: see DiPietro L, Oct, p 77-78

Esenkaya I: Bilateral anterior shoulder dislocation in a weight lifter, Mar, p 93-100, CR

Everhart-McDonald MA: How to keep scuba diving safe, May, p 94-96, EX

Flinn SD: Seizure after exercise in the heat: recognizing life-threatening hyponatremia, Sep, p 61-67, CR

Fontaine KR: Physical activity improves mental health, Oct, p 83-84, BR

Fox BJ: see Morgan GD, Dec, p 59-60

Franckowiak : New exercise options for sedentary patients, Oct, p 56-57, BR

Franklin BA: Avoiding repeat cardiac events: the ABCDESS of tertiary prevention, Sep, p 31-58, CL

Franklin BA: Reducing the risk of heart disease and stroke, Oct, p 19-20, 26, BR

Fredericson M: Quick solutions for iliotibial band syndrome, Feb, p 52-68, CL

Fu FH: see Martinek V, Feb, p 34-51

continued

- Ganley T:** Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EM; (letter) Jun, p 29
- Ganley T:** Exercise: kids go for it, Feb, p 97, EX
- Garrett WE Jr:** see Boden BP, Apr, p 53-60
- Gens DR:** see Tucker AM, Aug, p 23-32
- Gossal K:** see Schrier I, Aug, p 57-63
- Greenslade RA:** Presumed infectious mononucleosis in a college basketball player, Jun, p 79-86, CR
- Griffin LY:** see Boden BP, Apr, p 53-60
- Guillet M:** see Fredericson M, Feb, p 52-68
- Harrington S:** Idiopathic transient osteoporosis: a hidden cause of hip pain, Apr, p 82-96, CL
- Huard J:** see Martinek V, Feb, p 34-51
- Ives JC:** Beyond the mind-body exercise hype, Mar, p 67-81, CL
- Jones CS:** Weight training injury trends: a 20-year survey, Jul, p 61-72, R
- Jones LW:** see Courneya KS, May, p 49-73
- Jordan BD:** see Matser EJT, Jan, p 87-92
- Joy EA:** Baby workout buddies: obstacle or opportunity?, May, p 106, GE
- Joy EA:** Self-reduction of anterior shoulder dislocation, Nov, p 65-66, CT
- Kamps CA:** see Cohen RS, May, p 83-89
- Kannus P:** Immobilization or early mobilization after an acute soft-tissue injury?, Mar, p 55-63, CL
- Karlson KA:** Rowing injuries: identifying and treating musculoskeletal and non-musculoskeletal conditions, Apr, p 40-50, CL
- Kendrick ZV:** Decreasing activity limits for asthma patients, Oct, p 75-76, BR
- Kessels AGH:** see Matser EJT, Jan, p 87-92
- Khan KM:** see Cook JL, Jun, p 31-46
- Khan KM:** Overuse tendinosis, not tendinitis, part 1: a new paradigm for a difficult clinical problem, May, p 38-48, CL
- Klausner VB:** The sinus tarsi syndrome: a cause of chronic ankle pain, May, p 75-80, CL
- Kokoska S:** see Cohen RS, May, p 83-89
- Koziris L:** Anabolic-androgenic steroid abuse, Dec, p 67-68, BR
- Koziris L:** Reducing alcohol abuse in active patients, Dec, p 65-66, BR
- Lacroix VJ:** A complete approach to groin pain, Jan, p 66-86, CL
- Laskowski E:** see Harrington S, Apr, p 82-96
- Lezak MD:** see Matser EJT, Jan, p 87-92
- Macera CA:** see Pratt M, Oct, p 63-70
- Mackey JR:** see Courneya KS, May, p 49-73
- Maffulli N:** see Cook JL, Jun, p 31-46
- Manatee P:** see McFarland EG, Mar, p 40-52
- Marcus BH:** see Napolitano MA, Oct, p 88-93
- Martinek V:** Gene therapy and tissue engineering in sports medicine, Feb, p 34-51, CL
- Matheson :** Exercise: answering a cancer patient's call, May, p 5, EN
- Matheson GO:** Athletic gain at what cost?, Dec, p 7, EN
- Matheson GO:** Is exercise brain food?, Nov, p 5, EN
- Matheson GO:** Learning, the Web's potential, Mar, p 3, EN
- Matheson GO:** Life-threatening emergencies: are you ready?, Apr, p 7-8, EN
- Matheson GO:** Positive coaching: for the love of sports—and kids, Jun, p 7, EN
- Matheson GO:** Risk taking: can we strike a balance?, Jul, p 3, EN
- Matheson GO:** Team doc's life no bed of roses, Feb, p 7, EN
- Matheson GO:** The real Olympic story, Sep, p 3, EN
- Matheson GO:** Tradition and trajectory, January 2000, Jan, p 3, EN
- Matser EJT:** Acute traumatic brain injury in amateur boxing, Jan, p 87-92, R
- Mayers LB:** A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL
- McFarland EG:** Olecranon and prepatellar bursitis: treating acute, chronic, and inflamed, Mar, p 40-52, CL
- McKeag DB:** see Paluska SA, Feb, p 101-104, 112
- McKeigue ME:** see Klausner VB, May, p 75-80
- McKinney R:** Exercise benefits patients with osteoarthritis, Oct, p 71-72, BR
- McPeak H:** see Vincent GM, Nov, p 31-39
- Miller A:** see Petrizzi MJ, Jun, p 99-100
- Morgan GD:** Promoting cessation of tobacco use, Dec, p 59-60, BR
- Napolitano MA:** Breaking barriers to increased physical activity, Oct, p 88-93, BR
- Noakes TD:** see Mayers LB, Aug, p 35-50
- Noakes TD:** Hyponatremia in distance athletes: pulling the IV on the 'dehydration myth', Sep, p 71-76, CM
- Paluska SA:** Progressive knee pain in a young football player, Feb, p 101-104, 112, CR
- Petrizzi MG:** see Petrizzi MJ, Jun, p 99-100
- Petrizzi MJ:** A 'three-way' splint for acute ankle injury, Jun, p 99-100, CT
- Pratt M:** Higher direct medical costs associated with physical inactivity, Oct, p 63-70, R
- Prout BK:** see Putukian M, Feb, p 128-130
- Purdham C:** see Cook JL, Jun, p 31-46
- Putukian M:** A custom face mask for sports, Feb, p 128-130, CT
- Queale WS:** see McFarland EG, Mar, p 40-52
- Roberts WO:** Field care of the injured tooth, Jan, p 101-102, CT
- Roberts WO:** Lateral epicondylitis injection, Jul, p 93-94, CT
- Roberts WO:** Sideline airway access: emergency cricothyrotomy, Apr, p 113-114, CT
- Roos R:** Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F
- Rubin A:** Automated external defibrillators: selection and use, Mar, p 112-114, CT
- Sallis, JF:** Overcoming inactivity in young people, Oct, p 31-32, BR
- Sanders W:** see Franklin BA, Oct, p 19-20, 26
- Sandor R:** Adhesive capsulitis: optimal treatment of 'frozen shoulder', Sep, p 23-29, CL
- Sandor R:** Exercising the frozen shoulder, Sep, p 83-84, PA
- Schnirring L:** see Duffy FD, Oct, p 53-58
- Schnirring L:** AAP calls for ban on checking in youth hockey, Apr, p 19, NB
- Schnirring L:** Are your patients asking about prolotherapy?, Aug, p 15-17, NB
- Schnirring L:** Australian sports medicine specialty faces political hurdles, Sep, p 15-17, NB
- Schnirring L:** Baseball-funded 'andro' study shows testosterone increase, Mar, p 19-20, NB
- Schnirring L:** Exercise trends for the new millennium, Jan, p 21, NB
- Schnirring L:** Growth hormone doping: the search for a test, Apr, p 16-18, NB
- Schnirring L:** Healthy aging or anti-aging? diverse philosophies emerge, Jun, p 15-20, NB
- Schnirring L:** IOC passes doping reforms, Feb, p 23-24, NB
- Schnirring L:** Medical coverage of Wimbledon, Aug, p 18, NB
- Schnirring L:** Motor sports medicine: from the extreme to mainstream, Jul, p 11-15, NB
- Schnirring L:** Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB
- Schnirring L:** Pain and injury are real in professional wrestling, May, p 15-18, NB
- Schnirring L:** Referring patients to personal trainers: benefits and pitfalls, Jan, p 16-21, NB
- Schnirring L:** Sports medicine alliance focuses on team physician issues, Jul, p 16, NB
- Schnirring L:** The sports medicine community remembers Gail Butterfield, Feb, p 26, NB
- Schnirring L:** When to suspect muscle dysmorphia: bringing the 'Adonis com-

continued

plex' to light, Dec, p 19-26, NB
Schnirring L: Will new helmet features reduce football injuries?, Nov, p 25-27, NB
Schwenk TL: Alcohol use in adolescents: the scope of the problem and strategies for intervention, Jun, p 71-76, CR
Segal EM: see Cohen RS, May, p 83-89
Shelbourne KD: see Arnold T, Jan, p 31-44
Shephard RJ: see Franklin BA, Sep, p 31-58
Sherer RJ: see Flinn SD, Sep, p 61-67
Sherman C: see Ganley T, Feb, p 85-92
Sherman C: see Ganley T, Feb, p 97
Sherman C: Which sports when?, Feb, p 90-91, EX; (letter) Jun, p 29
Shoemaker MR: see Beck BR, Feb, p 69-84
Shrier I: Myths and truths of stretching: individualized recommendations for healthy muscles, Aug, p 57-63, CL
Smith J: see Harrington S, Apr, p 82-96
Sosnoff J: see Ives JC, Mar, p 67-81
Stamford B: Staying motivated to exercise, Feb, p 117-118, EX
Stephens M: Osteolysis of the distal clavicle: readily detected and treated shoulder pain, Dec, p 35-44, CL
Stewart KJ: Exercise guidance in hypertension, Oct, p 81-82, BR
Swain DP: see Colberg SR, Apr, p 63-81

Tarbet JA: see Stephens M, Dec, p 35-44
Taunton JE: see Khan KM, May, p 38-48
Thompson J: see Harrington S, Apr, p 82-96
Troost J: see Matser EJT, Jan, p 87-92
Tucker AM: Pneumothorax in sports: issues in recognition and follow-up care, Aug, p 23-32, CR
Tucker JB: see Cohen RS, May, p 83-89
Türkmen IM: see Esenkaya I, Mar, p 93-100
Tuygun H: see Esenkaya I, Mar, p 93-100

Vincent GM: Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL
Vinger PF: A practical guide for sports eye protection, Jun, p 49-69, CL

Wang G: see Pratt M, Oct, p 63-70
Wickliffe CW: see Cantwell JD, Feb, p 109-111
Wolin PM: see Stephens M, Dec, p 35-44
Wroble RR: Articular cartilage injury and autologous chondrocyte implantation: which patients might benefit?, Nov, p 43-49, CL

Young M: see Jones CS, Jul, p 61-72

subject

Abrasion

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

ACE inhibitors

Avoiding repeat cardiac events: the ABCDEs of tertiary prevention, Sep, p 31-58, CL

Acromioclavicular joint: see Shoulder

Addiction

Promoting cessation of tobacco use, Dec, p 59-60, BR
 Reducing alcohol abuse in active patients, Dec, p 65-66, BR

Adhesive capsulitis

Adhesive capsulitis: optimal treatment of 'frozen shoulder', Sep, p 23-29, CL
 Exercising the frozen shoulder, Sep, p 83-84, PA

Adolescents

AAP calls for ban on checking in youth hockey, Apr, p 19, NB
 Alcohol use in adolescents: the scope of the problem and strategies for intervention, Jun, p 71-76, CR
 Alcohol use in adolescents: the scope of the problem and strategies for intervention, Jun, p 71-76, CR
 Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL
 Decreasing activity limits for asthma patients, Oct, p 75-76, BR
 Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL
 Overcoming inactivity in young people, Oct, p 31-32, BR
 Positive coaching: for the love of sports—and kids, Jun, p 7, EN

Adonis complex: see Muscle dysmorphia

Advanced cardiac life support

Automated external defibrillators: selection and use, Mar, p 112-114, CT
 Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Aging: see Older patients

Airway

Sideline airway access: emergency cricothyrotomy, Apr, p 113-114, CT

Alcohol

Alcohol use in adolescents: the scope of the problem and strategies for intervention, Jun, p 71-76, CR
 Reducing alcohol abuse in active patients, Dec, p 65-66, BR

Alternative medicine

Are your patients asking about prolotherapy?, Aug, p 15-17, NB
 Beyond the mind-body exercise hype, Mar, p 67-81, CL

Anabolic steroids

Anabolic-androgenic steroid abuse, Dec, p 67-68, BR
 Baseball-funded 'andro' study shows testosterone increase, Mar, p 19-20, NB
 When to suspect muscle dysmorphia: bringing the 'Adonis complex' to light, Dec, p 19-26, NB

Androstenedione

Baseball-funded 'andro' study shows testosterone increase, Mar, p 19-20, NB

Angina: see Chest pain

Ankle

A 'three-way' splint for acute ankle injury, Jun, p 99-100, CT
 The sinus tarsi syndrome: a cause of chronic ankle pain, May, p 75-80, CL

Anterior cruciate ligament: see Knee

Anti-aging

Healthy aging or anti-aging? diverse philosophies emerge, Jun, p 15-20, NB
Antiplatelets and anticoagulants
 Avoiding repeat cardiac events: the ABCDEs of tertiary prevention, Sep, p 31-58, CL

Arm

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

Arrhythmia: see also specific diagnosis
 Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Arthritis

Exercise benefits patients with osteoarthritis, Oct, p 71-72, BR

Articular cartilage

Articular cartilage injury and autologous chondrocyte implantation: which patients might benefit?, Nov, p 43-49, CL

Asthma

Decreasing activity limits for asthma patients, Oct, p 75-76, BR

Auto racing: see Motor sports

Automatic external defibrillator: see Defibrillator

Avulsion

A 'three-way' splint for acute ankle injury, Jun, p 99-100, CT

Back pain

Pain and injury are real in professional wrestling, May, p 15-18, NB
 Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

Backpacks, baby: see Child carriers

Bacterial infection: see Infection

Barriers to exercise: see Exercise motivation

Baseball

Life expectancy of major league baseball umpires, May, p 83-89, R

Bands: see Decompression sickness

Beta-blocker

Avoiding repeat cardiac events: the ABCDEs of tertiary prevention, Sep, p 31-58, CL

Binge drinking: see Alcohol

Bodybuilding: see Strength training, Ergogenic drugs, Ergogenic nutrition

Bone density

Osteolysis of the distal clavicle: readily detected and treated shoulder pain, Dec, p 35-44, CL
 Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Bone density: see Osteoporosis

Bone growth

Gene therapy and tissue engineering in

continued

sports medicine, Feb, p 34-51, CL
 Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB
 Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Boxing

Acute traumatic brain injury in amateur boxing, Jan, p 87-92, R

Brain injury: see Head, specific condition

Breathing

Sideline airway access: emergency cricothyrotomy, Apr, p 113-114, CT

Bunion

Disorders of the first metatarsophalangeal joint: diagnosis of great-toe pain, Jul, p 32-45, CL

Bursitis

Olecranon and prepatellar bursitis: treating acute, chronic, and inflamed, Mar, p 40-52, CL

Butterfield, Gail

The sports medicine community remembers Gail Butterfield, Feb, p 26, NB

Calcium

Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Cancer

Coping with cancer: can exercise help?, May, p 49-73, CL

Exercise: answering a cancer patient's call, May, p 5, EN

Sun and active patients: preventing acute and cumulative skin damage, Jul, p 79-85, CL

Cardiac arrest: see Arrhythmia, Coronary artery disease, Sudden death

Cardiovascular: see Heart, specific diagnosis

Cartilage transplant

Articular cartilage injury and autologous chondrocyte implantation: which patients might benefit?, Nov, p 43-49, CL

Gene therapy and tissue engineering in sports medicine, Feb, p 34-51, CL

Catastrophic injury

Motor sports medicine: from the extreme to mainstream, Jul, p 11-15, NB

Certification

Australian sports medicine specialty faces political hurdles, Sep, p 15-17, NB

Beyond the mind-body exercise hype, Mar, p 67-81, CL

Referring patients to personal trainers: benefits and pitfalls, Jan, p 16-21, NB

Chest pain

Pneumothorax in a weight lifter: the importance of vigilance, Apr, p 97-103, CR

Pneumothorax in sports: issues in recognition and follow-up care, Aug, p 23-32, CR

Chest wall

Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Pain and injury are real in professional wrestling, May, p 15-18, NB

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

tal conditions, Apr, p 40-50, CL

Child carriers

Baby workout buddies: obstacle or opportunity?, May, p 106, GE

Children

AAP calls for ban on checking in youth hockey, Apr, p 19, NB

Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Decreasing activity limits for asthma patients, Oct, p 75-76, BR

Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EX; (letter) Jun, p 29

Exercise: kids go for it, Feb, p 97, PA

Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL

Overcoming inactivity in young people, Oct, p 31-32, BR

Positive coaching: for the love of sports—and kids, Jun, p 7, EN

Which sports when?, Feb, p 90-91, BR; (letter) Jun, p 29

Cholesterol

Avoiding repeat cardiac events: the ABCDESS of tertiary prevention, Sep, p 31-58, CL

Chondrocytes

Articular cartilage injury and autologous chondrocyte implantation: which patients might benefit?, Nov, p 43-49, CL

Chronic disease: see specific diagnosis

Clavicle

Osteolysis of the distal clavicle: readily detected and treated shoulder pain, Dec, p 35-44, CL

Coaching

Positive coaching: for the love of sports—and kids, Jun, p 7, EN

Cognitive function

Is exercise brain food?, Nov, p 5, EN

Collapse

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Hyponatremia in distance athletes: pulling the IV on the 'dehydration myth', Sep, p 71-76, CM

Seizure after exercise in the heat: recognizing life-threatening hyponatremia, Sep, p 61-67, CR

Commotio cordis

Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Computed tomography

Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F

Computers

Learning, the Web's potential, Mar, p 3, EN

Concussion

Acute traumatic brain injury in amateur boxing, Jan, p 87-92, R

Coronary artery disease

Avoiding repeat cardiac events: the ABCDESS of tertiary prevention, Sep, p 31-58, CL

Higher direct medical costs associated

with physical inactivity, Oct, p 63-70, R

Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F

Reducing the risk of heart disease and stroke, Oct, p 19-20, 26, BR

CPR: see Resuscitation

Cramps

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Cricothyrotomy: see Tracheotomy

Death: see Fatality

Decompression sickness

How to keep scuba diving safe, May, p 94-96, EX

Defibrillator

Automated external defibrillators: selection and use, Mar, p 112-114, CT

Dehydration: see Heat injury, Hydration

Dental injuries: see Mouth

Depression

Physical activity improves mental health, Oct, p 83-84, BR

Developmental skills

Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EX; (letter) Jun, p 29

Which sports when?, Feb, p 90-91, BR; (letter) Jun, p 29

DEXA: see Diagnostic imaging

Diabetes

Avoiding repeat cardiac events: the ABCDESS of tertiary prevention, Sep, p 31-58, CL

Exercise and diabetes control: a winning combination, Apr, p 63-81, CL, Jun, p 29

Exercise to prevent and treat diabetes mellitus, Oct, p 85-86, BR

Higher direct medical costs associated with physical inactivity, Oct, p 63-70, R

Type 1 diabetes and sports participation: strategies for training and competing safely, Dec, p 49-56, CL

Diagnostic imaging

Idiopathic transient osteoporosis: a hidden cause of hip pain, Apr, p 82-96, CL

Meniscal tears of the knee: diagnosis and individualized treatment, Mar, p 83-90, CL

Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F

Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB

Overuse tendinosis, not tendinitis, part 1: a new paradigm for a difficult clinical problem, May, p 38-48, CL

Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL

Diarrhea

Giardiasis: an elusive cause of gastrointestinal distress, Jul, p 46-57, CL

Dieting: see Weight control

Dislocation

Bilateral anterior shoulder dislocation in a weight lifter, Mar, p 93-100, CR

Self-reduction of anterior shoulder dislo-

continued

cation, Nov, p 65-66, CT

Doping: see Drug testing

Drug testing

Growth hormone doping: the search for a test, Apr, p 16-18, NB

IOC passes doping reforms, Feb, p 23-24, NB

Drugs: see also specific drugs, Ergogenic drugs

Alcohol use in adolescents: the scope of the problem and strategies for intervention, Jun, p 71-76, CR

Anabolic-androgenic steroid abuse, Dec, p 67-68, BR

Decreasing activity limits for asthma patients, Oct, p 75-76, BR

Exercise guidance in hypertension, Oct, p 81-82, BR

How to keep scuba diving safe, May, p 94-96, EX

Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB

Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Reducing alcohol abuse in active patients, Dec, p 65-66, BR

Echocardiography

Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F

Economic issues

Higher direct medical costs associated with physical inactivity, Oct, p 63-70, R

Education: see Patient education, Physician education

Elbow

Lateral epicondylitis injection, Jul, p 93-94, CT

Olecranon and prepatellar bursitis: treating acute, chronic, and inflamed, Mar, p 40-52, CL

Electrocardiogram

A 'sensitive heart' in a tennis player, Feb, p 109-111, CQ

Electron-beam computed tomography: see Diagnostic imaging

Emergency response: see also anatomic site, specific diagnosis

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Automated external defibrillators: selection and use, Mar, p 112-114, CT

Life-threatening emergencies: are you ready?, Apr, p 7-8, EN

Self-reduction of anterior shoulder dislocation, Nov, p 65-66, CT

Sideline airway access: emergency cricothyrotomy, Apr, p 113-114, CT

Endurance athlete

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Equipment: see Exercise equipment, Medical equipment, Protective gear, Sports apparel and equipment

Ergogenic drugs

Anabolic-androgenic steroid abuse, Dec, p 67-68, BR

Baseball-funded 'andro' study shows testosterone increase, Mar, p 19-20, NB

Estrogen

Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Exercise effects

Coping with cancer: can exercise help?, May, p 49-73, CL

Exercise: a prescription to delay the effects of aging, Oct, p 77-78, BR

Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EX; (letter) Jun, p 29

Exercise and diabetes control: a winning combination, Apr, p 63-81, CL, Jun, p 29

Exercise benefits patients with osteoarthritis, Oct, p 71-72, BR

Exercise guidance in hypertension, Oct, p 81-82, BR

Exercise to prevent and treat diabetes mellitus, Oct, p 85-86, BR

Higher direct medical costs associated with physical inactivity, Oct, p 63-70, R

Is exercise brain food?, Nov, p 5, EN

Myths and truths of stretching: individualized recommendations for healthy muscles, Aug, p 57-63, CL

Physical activity improves mental health, Oct, p 83-84, BR

Reducing the risk of heart disease and stroke, Oct, p 19-20, 26, BR

Type 1 diabetes and sports participation: strategies for training and competing safely, Dec, p 49-56, CL

Exercise equipment: see also Shoes, Sports apparel and equipment

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

Exercise motivation

Baby workout buddies: obstacle or opportunity?, May, p 106, GE

Breaking barriers to increased physical activity, Oct, p 88-93, BR

Encouraging physical activity in minorities: eliminating disparities by 2010, Oct, p 36-51, CL

Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EX; (letter) Jun, p 29

Exercise: kids go for it, Feb, p 97, PA

Exercise trends for the new millennium, Jan, p 21, NB

Fitness for reducing osteoporosis, Oct, p 33-34, BR

Healthy People 2010: steps in the right direction, Oct, p 7-8, EN

How to counsel patients about exercise: an office-friendly approach, Oct, p 53-58, CL

Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL

New exercise options for sedentary patients, Oct, p 56-57, BR

Overcoming inactivity in young people, Oct, p 31-32, BR

Physical activity patterns in women, Oct, p 25-26, BR

Referring patients to personal trainers: benefits and pitfalls, Jan, p 16-21, NB

Staying motivated to exercise, Feb, p 117-118, EX

Exercise prescription

Beyond the mind-body exercise hype, Mar, p 67-81, CL

Breaking barriers to increased physical activity, Oct, p 88-93, BR

Coping with cancer: can exercise help?, May, p 49-73, CL

Decreasing activity limits for asthma patients, Oct, p 75-76, BR

Exercise: a prescription to delay the effects of aging, Oct, p 77-78, BR

Exercise and diabetes control: a winning combination, Apr, p 63-81, CL, Jun, p 29

Exercise benefits patients with osteoarthritis, Oct, p 71-72, BR

Exercise guidance in hypertension, Oct, p 81-82, BR

Exercise to prevent and treat diabetes mellitus, Oct, p 85-86, BR

Fitness for reducing osteoporosis, Oct, p 33-34, BR

How to counsel patients about exercise: an office-friendly approach, Oct, p 53-58, CL

Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL

Myths and truths of stretching: individualized recommendations for healthy muscles, Aug, p 57-63, CL

New exercise options for sedentary patients, Oct, p 56-57, BR

Overcoming inactivity in young people, Oct, p 31-32, BR

Reducing the risk of heart disease and stroke, Oct, p 19-20, 26, BR

Referring patients to personal trainers: benefits and pitfalls, Jan, p 16-21, NB

Type 1 diabetes and sports participation: strategies for training and competing safely, Dec, p 49-56, CL

What can physicians do about obesity?, Oct, p 15-16, BR

Exercise testing: see Stress testing

Exercise-induced asthma: see Asthma

Eye

A practical guide for sports eye protection, Jun, p 49-69, CL

Face

A custom face mask for sports, Feb, p 128-130, CT

A practical guide for sports eye protection, Jun, p 49-69, CL

Face mask: see Face

Family health

Baby workout buddies: obstacle or opportunity?, May, p 106, GE

Exercise: kids go for it, Feb, p 97, PA

Overcoming inactivity in young people, Oct, p 31-32, BR

Fatality

Life expectancy of major league baseball

continued

umpires, May, p 83-89, R

Weight training injury trends: a 20-year survey, Jul, p 61-72, R

Fatigue

Coping with cancer: can exercise help?, May, p 49-73, CL

Flexibility: see Stretching

Foot

Disorders of the first metatarsophalangeal joint: diagnosis of great-toe pain, Jul, p 32-45, CL

Football

Will new helmet features reduce football injuries?, Nov, p 25-27, NB

Fracture: see also Stress fracture

A 'three-way' splint for acute ankle injury, Jun, p 99-100, CT

Frozen shoulder: see Adhesive capsulitis

Gastrointestinal tract

Giardiasis: an elusive cause of gastrointestinal distress, Jul, p 46-57, CL

Gene therapy

Gene therapy and tissue engineering in sports medicine, Feb, p 34-51, CL

Giardiasis

Giardiasis: an elusive cause of gastrointestinal distress, Jul, p 46-57, CL

Glucose: see also Diabetes

Exercise and diabetes control: a winning combination, Apr, p 63-81, CL, Jun, p 29

Groin

A complete approach to groin pain, Jan, p 66-86, CL

Idiopathic transient osteoporosis: a hidden cause of hip pain, Apr, p 82-96, CL

Hallux rigidus: see Foot

Hallux valgus: see Foot

Head

Acute traumatic brain injury in amateur boxing, Jan, p 87-92, R

Motor sports medicine: from the extreme to mainstream, Jul, p 11-15, NB

Will new helmet features reduce football injuries?, Nov, p 25-27, NB

Health benefits: see Exercise effects

Heart: see also specific diagnosis, Electrocardiogram, Sudden death

A 'sensitive heart' in a tennis player, Feb, p 109-111, CQ

Avoiding repeat cardiac events: the ABCDEs of tertiary prevention, Sep, p 31-58, CL

Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F

Reducing the risk of heart disease and stroke, Oct, p 19-20, 26, BR

Heat injury

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Hyponatremia in distance athletes: pulling the IV on the 'dehydration myth', Sep, p 71-76, CM

Seizure after exercise in the heat: recog-

nizing life-threatening hyponatremia, Sep, p 61-67, CR

Helmet

Motor sports medicine: from the extreme to mainstream, Jul, p 11-15, NB

Hernia

A complete approach to groin pain, Jan, p 66-86, CL

Hip

A complete approach to groin pain, Jan, p 66-86, CL

Idiopathic transient osteoporosis: a hidden cause of hip pain, Apr, p 82-96, CL

Hockey

AAP calls for ban on checking in youth hockey, Apr, p 19, NB

Life-threatening emergencies: are you ready?, Apr, p 7-8, EN

Home exercise

Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EX: (letter) Jun, p 29

Hormone replacement therapy

Avoiding repeat cardiac events: the ABCDEs of tertiary prevention, Sep, p 31-58, CL

Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Hormones

Baseball-funded 'andro' study shows testosterone increase, Mar, p 19-20, NB

Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB

Human growth hormone

Growth hormone doping: the search for a test, Apr, p 16-18, NB

Hydration

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Hyponatremia in distance athletes: pulling the IV on the 'dehydration myth', Sep, p 71-76, CM

Seizure after exercise in the heat: recognizing life-threatening hyponatremia, Sep, p 61-67, CR

Hyperglycemia

Exercise and diabetes control: a winning combination, Apr, p 63-81, CL, Jun, p 29

Hypertension

Exercise guidance in hypertension, Oct, p 81-82, BR

Hypoglycemia

Exercise and diabetes control: a winning combination, Apr, p 63-81, CL, Jun, p 29

Type 1 diabetes and sports participation: strategies for training and competing safely, Dec, p 49-56, CL

Hyponatremia

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Hyponatremia in distance athletes: pulling the IV on the 'dehydration myth', Sep, p 71-76, CM

Seizure after exercise in the heat: recognizing life-threatening hyponatremia, Sep, p 61-67, CR

Hypotension

A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Idiopathic transient osteoporosis: see Osteoporosis

Iliotibial band syndrome

Quick solutions for iliotibial band syndrome, Feb, p 52-68, CL

Inactivity

Encouraging physical activity in minorities: eliminating disparities by 2010, Oct, p 36-51, CL

Healthy People 2010: steps in the right direction, Oct, p 7-8, EN

Higher direct medical costs associated with physical inactivity, Oct, p 63-70, R

How to counsel patients about exercise: an office-friendly approach, Oct, p 53-58, CL

Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL

New exercise options for sedentary patients, Oct, p 56-57, BR

Overcoming inactivity in young people, Oct, p 31-32, BR

Infants

Baby workout buddies: obstacle or opportunity?, May, p 106, GE

Infection: see also specific diagnosis

How to keep scuba diving safe, May, p 94-96, EX

Olecranon and prepatellar bursitis: treating acute, chronic, and inflamed, Mar, p 40-52, CL

Presumed infectious mononucleosis in a college basketball player, Jun, p 79-86, CR

Progressive knee pain in a young football player, Feb, p 101-104, 112, CR

Inflammation

Olecranon and prepatellar bursitis: treating acute, chronic, and inflamed, Mar, p 40-52, CL

Overuse tendinosis, not tendinitis, part 1: a new paradigm for a difficult clinical problem, May, p 38-48, CL

Injection

Are your patients asking about prolotherapy?, Aug, p 15-17, NB

Lateral epicondylitis injection, Jul, p 93-94, CT

Injury: see anatomic site, specific diagnosis, specific sport, Rehabilitation

Injury prevention: see also Prevention

A practical guide for sports eye protection, Jun, p 49-69, CL

AAP calls for ban on checking in youth hockey, Apr, p 19, NB

Bilateral anterior shoulder dislocation in a weight lifter, Mar, p 93-100, CR

Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Etiology and prevention of noncontact ACL injury, Apr, p 53-60, CL

Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EX: (letter) Jun, p 29

continued

Exercise: kids go for it, Feb, p 97, PA
 Motor sports medicine: from the extreme to mainstream, Jul, p 11-15, NB
 Myths and truths of stretching: individualized recommendations for healthy muscles, Aug, p 57-63, CL
 Weight training injury trends: a 20-year survey, Jul, p 61-72, R
 Which sports when?, Feb, p 90-91, BR; (letter) Jun, p 29
 Will new helmet features reduce football injuries?, Nov, p 25-27, NB

Injury statistics

A practical guide for sports eye protection, Jun, p 49-69, CL
 Weight training injury trends: a 20-year survey, Jul, p 61-72, R

Instability

The sinus tarsi syndrome: a cause of chronic ankle pain, May, p 75-80, CL

Insulin

Type 1 diabetes and sports participation: strategies for training and competing safely, Dec, p 49-56, CL

Internet

Learning, the Web's potential, Mar, p 3, EN

Intestine: see Gastrointestinal tract

Joint: see specific joint

Jumper's knee

Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL

Juvenile: see Adolescents, Children

Knee

A perioperative rehabilitation program for anterior cruciate ligament surgery, Jan, p 31-44, CL

Articular cartilage injury and autologous chondrocyte implantation: which patients might benefit?, Nov, p 43-49, CL

Etiology and prevention of noncontact ACL injury, Apr, p 53-60, CL

Exercise benefits patients with osteoarthritis, Oct, p 71-72, BR

Gene therapy and tissue engineering in sports medicine, Feb, p 34-51, CL

Meniscal tears of the knee: diagnosis and individualized treatment, Mar, p 83-90, CL

Olecranon and prepatellar bursitis: treating acute, chronic, and inflamed, Mar, p 40-52, CL

Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL

Quick solutions for iliotibial band syndrome, Feb, p 52-68, CL

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

Leg

Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL

Legal issues

Beyond the mind-body exercise hype,

Mar, p 67-81, CL

Legg-Calvé-Perthes disease

A complete approach to groin pain, Jan, p 66-86, CL

Low-back pain: see Back pain

Lung

Decreasing activity limits for asthma patients, Oct, p 75-76, BR

Pneumothorax in a weight lifter: the importance of vigilance, Apr, p 97-103, CR

Pneumothorax in sports: issues in recognition and follow-up care, Aug, p 23-32, CR

Magnetic resonance imaging

Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F

Medical costs: see Economic issues

Medical equipment

Automated external defibrillators: selection and use, Mar, p 112-114, CT

Sideline airway access: emergency cricothyrotomy, Apr, p 113-114, CT

Men's health

Life expectancy of major league baseball umpires, May, p 83-89, R

When to suspect muscle dysmorphia: bringing the 'Adonis complex' to light, Dec, p 19-26, NB

Meniscus: see Knee

Meniscus transplant

Gene therapy and tissue engineering in sports medicine, Feb, p 34-51, CL

Mental health: see Psychological issues

Minority health

Encouraging physical activity in minorities: eliminating disparities by 2010, Oct, p 36-51, CL

Mobilization

Immobilization or early mobilization after an acute soft-tissue injury?, Mar, p 55-63, CL

Mononucleosis

Presumed infectious mononucleosis in a college basketball player, Jun, p 79-86, CR

Mortality: see Fatality

Motor sports

Motor sports medicine: from the extreme to mainstream, Jul, p 11-15, NB

Mouth

Field care of the injured tooth, Jan, p 101-102, CT

Muscle dysmorphia

When to suspect muscle dysmorphia: bringing the 'Adonis complex' to light, Dec, p 19-26, NB

Muscle: see anatomic site, specific diagnosis

Neck

Motor sports medicine: from the extreme to mainstream, Jul, p 11-15, NB

Will new helmet features reduce football injuries?, Nov, p 25-27, NB

Needling: see Injection

Neuropathy

A complete approach to groin pain, Jan,

p 66-86, CL

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

Neuropsychological testing

Acute traumatic brain injury in amateur boxing, Jan, p 87-92, R

Obesity: see also Weight control

Healthy People 2010: steps in the right direction, Oct, p 7-8, EN

Higher direct medical costs associated with physical inactivity, Oct, p 63-70, R

Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL

Overcoming inactivity in young people, Oct, p 31-32, BR

What can physicians do about obesity?, Oct, p 15-16, BR

Occupational medicine

Life expectancy of major league baseball umpires, May, p 83-89, R

Older patients

Exercise: a prescription to delay the effects of aging, Oct, p 77-78, BR

Healthy aging or anti-aging? diverse philosophies emerge, Jun, p 15-20, NB

Olympics

IOC passes doping reforms, Feb, p 23-24, NB

The real Olympic story, Sep, p 3, EN

Oral trauma: see Mouth

Osteitis pubis

A complete approach to groin pain, Jan, p 66-86, CL

Osteoarthritis: see Arthritis

Osteogenic sarcoma

Progressive knee pain in a young football player, Feb, p 101-104, 112, CR

Osteolysis

Osteolysis of the distal clavicle: readily detected and treated shoulder pain, Dec, p 35-44, CL

Osteomyelitis

Progressive knee pain in a young football player, Feb, p 101-104, 112, CR

Osteoporosis

Fitness for reducing osteoporosis, Oct, p 33-34, BR

Idiopathic transient osteoporosis: a hidden cause of hip pain, Apr, p 82-96, CL

Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB

Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Otitis externa

How to keep scuba diving safe, May, p 94-96, EX

Overuse injury

Disorders of the first metatarsophalangeal joint: diagnosis of great-toe pain, Jul, p 32-45, CL

Overuse tendinosis, not tendinitis, part 1: a new paradigm for a difficult clinical problem, May, p 38-48, CL

Overuse tendinosis, not tendinitis, part 2:

continued

- applying the new approach to patellar tendinopathy, Jun, p 31-46, CL
- Pain:** see also Therapeutic modality, Rehabilitation, anatomic site
Are your patients asking about prolotherapy?, Aug, p 15-17, NB
- Parasite**
Giardiasis: an elusive cause of gastrointestinal distress, Jul, p 46-57, CL
- Patella:** see Knee
- Patellofemoral syndrome**
Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL
- Patient education**
Alcohol use in adolescents: the scope of the problem and strategies for intervention, Jun, p 71-76, CR
How to counsel patients about exercise: an office-friendly approach, Oct, p 53-58, CL
New exercise options for sedentary patients, Oct, p 56-57, BR
Promoting cessation of tobacco use, Dec, p 59-60, BR
Reducing alcohol abuse in active patients, Dec, p 65-66, BR
Self-reduction of anterior shoulder dislocation, Nov, p 65-66, CT
- Pelvis**
A complete approach to groin pain, Jan, p 66-86, CL
- Personal trainer**
Referring patients to personal trainers: benefits and pitfalls, Jan, p 16-21, NB
- Physical therapy:** see Rehabilitation
- Physician education**
Learning, the Web's potential, Mar, p 3, EN
- Physician:** see Team physician
- Pneumomediastinum**
Pneumothorax in sports: issues in recognition and follow-up care, Aug, p 23-32, CR
- Pneumothorax**
Pneumothorax in a weight lifter: the importance of vigilance, Apr, p 97-103, CR
Pneumothorax in sports: issues in recognition and follow-up care, Aug, p 23-32, CR
- Postural hypotension:** see Hypotension
- Poverty**
Encouraging physical activity in minorities: eliminating disparities by 2010, Oct, p 36-51, CL
- Preparticipation exam**
Type 1 diabetes and sports participation: strategies for training and competing safely, Dec, p 49-56, CL
- Prescription medication:** see Drugs
- Prevention:** see also Injury prevention
Alcohol use in adolescents: the scope of the problem and strategies for intervention, Jun, p 71-76, CR
Sun and active patients: preventing acute and cumulative skin damage, Jul, p 79-85, CL
- Prolotherapy**
Are your patients asking about prolotherapy?, Aug, p 15-17, NB
- Protective gear**
A custom face mask for sports, Feb, p 128-130, CT
Will new helmet features reduce football injuries?, Nov, p 25-27, NB
- Psychological issues:** see also Addiction
Beyond the mind-body exercise hype, Mar, p 67-81, CL
Physical activity improves mental health, Oct, p 83-84, BR
When to suspect muscle dysmorphia: bringing the 'Adonis complex' to light, Dec, p 19-26, NB
- Public health**
Healthy People 2010: steps in the right direction, Oct, p 7-8, EN
Promoting cessation of tobacco use, Dec, p 59-60, BR
Reducing alcohol abuse in active patients, Dec, p 65-66, BR
- Range of motion**
Adhesive capsulitis: optimal treatment of 'frozen shoulder', Sep, p 23-29, CL
Exercising the frozen shoulder, Sep, p 83-84, PA
Myths and truths of stretching: individualized recommendations for healthy muscles, Aug, p 57-63, CL
- Reduction:** see Dislocation
- Rehabilitation**
A comprehensive rehabilitation program for anterior cruciate ligament surgery, Jan, p 31-44, CL
Exercising the frozen shoulder, Sep, p 83-84, PA
Idiopathic transient osteoporosis: a hidden cause of hip pain, Apr, p 82-96, CL
Immobilization or early mobilization after an acute soft-tissue injury?, Mar, p 55-63, CL
Overuse tendinosis, not tendinitis, part 1: a new paradigm for a difficult clinical problem, May, p 38-48, CL
Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL
Quick solutions for iliotibial band syndrome, Feb, p 52-68, CL
- Respiratory:** see Lung
- Resuscitation**
Automated external defibrillators: selection and use, Mar, p 112-114, CT
- Return to play**
Pneumothorax in sports: issues in recognition and follow-up care, Aug, p 23-32, CR
Presumed infectious mononucleosis in a college basketball player, Jun, p 79-86, CR
- Rib:** see Chest wall
- Risk**
Risk taking: can we strike a balance?, Jul, p 3, EN
Weight training injury trends: a 20-year survey, Jul, p 61-72, R
- Rowing**
Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL
- Safety:** see Injury prevention, Prevention
- Sclerosant therapy:** see Prolotherapy
- Scuba diving**
How to keep scuba diving safe, May, p 94-96, EX
- Seasickness**
How to keep scuba diving safe, May, p 94-96, EX
- Seizure**
Seizure after exercise in the heat: recognizing life-threatening hyponatremia, Sep, p 61-67, CR
- Sesamoid:** see Foot
- Shoes**
Disorders of the first metatarsophalangeal joint: diagnosis of great-toe pain, Jul, p 32-45, CL
- Shoulder**
Adhesive capsulitis: optimal treatment of 'frozen shoulder', Sep, p 23-29, CL
Bilateral anterior shoulder dislocation in a weight lifter, Mar, p 93-100, CR
Exercising the frozen shoulder, Sep, p 83-84, PA
Osteolysis of the distal clavicle: readily detected and treated shoulder pain, Dec, p 35-44, CL
Pain and injury are real in professional wrestling, May, p 15-18, NB
Self-reduction of anterior shoulder dislocation, Nov, p 65-66, CT
- Sinus tarsi:** see Ankle
- Skin conditions**
Sun and active patients: preventing acute and cumulative skin damage, Jul, p 79-85, CL
- Slipped capital femoral epiphysis**
A complete approach to groin pain, Jan, p 66-86, CL
- Smoking:** see Tobacco
- Sodium**
Hyponatremia in distance athletes: pulling the IV on the 'dehydration myth', Sep, p 71-76, CM
Seizure after exercise in the heat: recognizing life-threatening hyponatremia, Sep, p 61-67, CR
- Solar injury:** see Sun damage
- Somatic education**
Beyond the mind-body exercise hype, Mar, p 67-81, CL
- Splint**
A 'three-way' splint for acute ankle injury, Jun, p 99-100, CT
- Sports apparel and equipment:** see also Shoes, Exercise equipment
A practical guide for sports eye protection, Jun, p 49-69, CL
- Sports medicine**
Athletic gain at what cost?, Dec, p 7, EN
Australian sports medicine specialty faces political hurdles, Sep, p 15-17, NB
Tradition and trajectory, January 2000, Jan, p 3, EN
- Sports medicine groups**
Sports medicine alliance focuses on team

continued

physician issues, Jul, p 16, NB

Sprain
A 'three-way' splint for acute ankle injury, Jun, p 99-100, CT

Disorders of the first metatarsophalangeal joint: diagnosis of great-toe pain, Jul, p 32-45, CL

Immobilization or early mobilization after an acute soft-tissue injury?, Mar, p 55-63, CL

The sinus tarsi syndrome: a cause of chronic ankle pain, May, p 75-80, CL

Steroids: see Anabolic steroids

Strain
A complete approach to groin pain, Jan, p 66-86, CL

Immobilization or early mobilization after an acute soft-tissue injury?, Mar, p 55-63, CL

Strength training
Bilateral anterior shoulder dislocation in a weight lifter, Mar, p 93-100, CR

Pneumothorax in a weight lifter: the importance of vigilance, Apr, p 97-103, CR

Weight training injury trends: a 20-year survey, Jul, p 61-72, R

When to suspect muscle dysmorphia: bringing the 'Adonis complex' to light, Dec, p 19-26, NB

Stress
Avoiding repeat cardiac events: the ABCDEs of tertiary prevention, Sep, p 31-58, CL

Stress fracture
A complete approach to groin pain, Jan, p 66-86, CL

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

Stress testing
Noninvasive detection of coronary artery disease: can the new imaging techniques help?, Jan, p 50-64, F

Stretching
Beyond the mind-body exercise hype, Mar, p 67-81, CL

Myths and truths of stretching: individualized recommendations for healthy muscles, Aug, p 57-63, CL

Stroke
Reducing the risk of heart disease and stroke, Oct, p 19-20, 26, BR

Substance abuse: see Drugs

Sudden death
Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Sun damage
Sun and active patients: preventing acute and cumulative skin damage, Jul, p 79-85, CL

Sunscreen
Sun and active patients: preventing acute and cumulative skin damage, Jul, p 79-85, CL

Swimmer's ear: see Otitis externa

Syndrome X
A 'sensitive heart' in a tennis player, Feb, p 109-111, CQ

Tai chi
Beyond the mind-body exercise hype, Mar, p 67-81, CL

Team physician
Athletic gain at what cost?, Dec, p 7, EN

Medical coverage of Wimbledon, Aug, p 18, NB

Pain and injury are real in professional wrestling, May, p 15-18, NB

Sports medicine alliance focuses on team physician issues, Jul, p 16, NB

Team doc's life no bed of roses, Feb, p 7, EN

The real Olympic story, Sep, p 3, EN

Teeth: see Mouth

Tendinitis
Overuse tendinosis, not tendinitis, part 1: a new paradigm for a difficult clinical problem, May, p 38-48, CL

Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL

Rowing injuries: identifying and treating musculoskeletal and nonmusculoskeletal conditions, Apr, p 40-50, CL

Tendinosis
Overuse tendinosis, not tendinitis, part 1: a new paradigm for a difficult clinical problem, May, p 38-48, CL

Overuse tendinosis, not tendinitis, part 2: applying the new approach to patellar tendinopathy, Jun, p 31-46, CL

Tennis
Medical coverage of Wimbledon, Aug, p 18, NB

Tennis elbow
Lateral epicondylitis injection, Jul, p 93-94, CT

Testosterone
Baseball-funded 'andro' study shows testosterone increase, Mar, p 19-20, NB

Therapeutic modality
Immobilization or early mobilization after an acute soft-tissue injury?, Mar, p 55-63, CL

Thigh
Quick solutions for iliotibial band syndrome, Feb, p 52-68, CL

Tissue engineering
Gene therapy and tissue engineering in sports medicine, Feb, p 34-51, CL

Tobacco
Avoiding repeat cardiac events: the ABCDEs of tertiary prevention, Sep, p 31-58, CL

Higher direct medical costs associated with physical inactivity, Oct, p 63-70, R

Promoting cessation of tobacco use, Dec, p 59-60, BR

Toe: see Foot

Tracheotomy
Sideline airway access: emergency cricothyrotomy, Apr, p 113-114, CT

Travel
Giardiasis: an elusive cause of gastrointestinal distress, Jul, p 46-57, CL

Pneumothorax in sports: issues in recognition and follow-up care, Aug, p 23-32, CR

Trends
Exercise trends for the new millennium, Jan, p 21, NB

Weight training injury trends: a 20-year survey, Jul, p 61-72, R

Triathlon
A guide to treating Ironman triathletes at the finish line, Aug, p 35-50, CL

Turf toe
Disorders of the first metatarsophalangeal joint: diagnosis of great-toe pain, Jul, p 32-45, CL

Ultrasound
Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB

Umpire
Life expectancy of major league baseball umpires, May, p 83-89, R

Ventricular fibrillation
Commotio cordis: a deadly consequence of chest trauma, Nov, p 31-39, CL

Web sites: see Internet

Weight control: see also Obesity

Exercise and children's health: a little counseling can pay lasting dividends, Feb, p 85-92, EX; (letter) Jun, p 29

Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management, Nov, p 51-58, CL

What can physicians do about obesity?, Oct, p 15-16, BR

Weight training: see Strength training

Wilderness medicine
Giardiasis: an elusive cause of gastrointestinal distress, Jul, p 46-57, CL

Wimbledon: see Tennis

Winning
Positive coaching: for the love of sports—and kids, Jun, p 7, EN

Women's health
Etiology and prevention of noncontact ACL injury, Apr, p 53-60, CL

Fitness for reducing osteoporosis, Oct, p 33-34, BR

Osteoporosis management: what's on the cutting edge?, Mar, p 15-19, NB

Osteoporosis: understanding key risk factors and therapeutic options, Feb, p 69-84, CL

Physical activity patterns in women, Oct, p 25-26, BR

Workout: see Exercise prescription

World wide web: see Internet

Wrestling
Pain and injury are real in professional wrestling, May, p 15-18, NB

Yoga
Beyond the mind-body exercise hype, Mar, p 67-81, CL

Youth: see Children, Adolescents PSM